



FOR YOUTH DEVELOPMENT®  
 FOR HEALTHY LIVING  
 FOR SOCIAL RESPONSIBILITY

# AQUATICS

**AUGUST 2017**



Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30am to 7:45am	Lap Swim No Open Swim					Closed	Closed
7:45am to 9:00am	Water Ex & Pool Fitness No Open Swim	Open Swim	Water Ex & Pool Fitness No Open Swim	Open Swim	Water Ex & Pool Fitness No Open Swim		
9:00am to 10:45am	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons	Open Swim		
10:45am to 11:45am	Arthricise & Senior Swim No Open Swim	Open Swim	Arthricise & Senior Swim No Open Swim	Open Swim	Arthricise & Senior Swim No Open Swim		
11:45am to 1:00pm	Lap Swim No Open Swim					Open Swim 10:00am to 4:30pm	
1:00pm to 3:30pm	Open Swim						
3:30pm to 6:00pm	Swim Team No Open Swim					Closed	
6:00pm to 8:30pm	Closed						